

# Impact of Virtual Reality (VR) Based Exercises on Lower Limb Lymphedema Outcomes (LELO)

NCT07472543

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Gaziler Physical Medicine and Rehabilitation Education and Research Hospital
<b>Enrollment</b>	40 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Age between 18 and 65 years
- Diagnosis of unilateral lower extremity lymphedema following gynecological and/or oncological surgery
- Stage 2 or 3 lymphedema

### Exclusion (14)

- Decompensated heart, lung, or kidney failure
- Uncontrolled hypertension
- Presence of systemic infection
- Local infections in the lower extremity such as erysipelas or cellulitis
- Venous insufficiency (e.g., deep vein thrombosis)

... and 9 more (see full listing online)

## Locations (2 total)

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Ankara Gaziler physical therapy and rehabilitation hospital, Ankara, Turkey (Türkiye)  
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