

# Multi-Acupoint Laser Therapy for Body Shape and Composition in Obese Menopausal Women

NCT07472881

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Chang Gung Memorial Hospital
Enrollment	40 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Female participants aged 45 to 55 years
- No cognitive impairment or major psychiatric disorder
- Able to understand the study procedures and communicate with research staff
- Body mass index (BMI)  $\geq$  24 kg/m<sup>2</sup> OR waist-to-hip ratio  $\geq$  0.88

### Exclusion (6)

- Pregnant or possibly pregnant women
- Diagnosed chronic diseases currently under active treatment, including hepatitis, chronic kidney disease, chronic gastrointestinal disease, cardiovascular disease, or cancer
- Systemic diseases such as hyperthyroidism, hypothyroidism, compensated liver cirrhosis, or autoimmune disorders
- Currently receiving weight control treatment, including bariatric surgery or weight-loss medications
- History of epilepsy or seizure disorder
- ... and 1 more (see full listing online)

## Locations (1 total)

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Chang Gung Memorial Hospital, Keelung Medical Center, Keelung, Taiwan, Taiwan