

Environmental Visual Distraction With Nitrous Oxide During Outpatient Hysteroscopy: A Randomized Pilot Study

NCT07473206

Status	RECRUITING
Phase	Not Applicable
Sponsor	Ospedale degli Infermi di Biella
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (4)

- Women aged 25 to 60 years
- Candidates for outpatient hysteroscopy
- Clinically eligible for nitrous oxide (N₂O) analgesia according to routine clinical practice
- Able to understand and sign informed consent

Exclusion (7)

- Contraindications to nitrous oxide (N₂O), including:
- Known or suspected pneumothorax
- Severe obstructive pulmonary disease
- Confusional state or altered consciousness
- Confirmed or suspected pregnancy
- ... and 2 more (see full listing online)

Locations (1 total)

Alessandro Messina, Biella, Italy