

Beef Versus Whey Protein: The Gut Showdown Self-Experiment

NCT07477223

Status	RECRUITING
Phase	Not Applicable
Sponsor	Efforia, Inc
Enrollment	100 participants

Key Eligibility Criteria

Inclusion (4)

- Can read and understand English.
- US resident.
- Willing and able to follow the requirements of the protocol.
- Willing to purchase study materials.

Exclusion (8)

- Individuals with Beef Allergy
- Individuals with Whey Allergy
- Individuals with Dairy Allergy
- Individuals with Serious Digestive Disorders
- Individuals on a Vegan Diet
- ... and 3 more (see full listing online)

Locations (1 total)

Efforia, New York, New York, United States