

Optimizing INtrinsic Capacity for Functional INdependence and to Impede FrailTY in Older Adults: Adaptation of the WHO-ICOPE for Healthy Ageing in Singapore

NCT07477561

Status	RECRUITING
Phase	Not Applicable
Sponsor	Sengkang General Hospital
Enrollment	600 participants

Key Eligibility Criteria

Inclusion (2)

- Any Singaporean or Permanent Resident (PR) aged 60 years and above
- Able to provide informed consent (or legally acceptable representative available)

Exclusion (2)

- Non-Singaporeans or non-PRs under 60 years of age
- Residents of sheltered or nursing homes

Locations (1 total)

Sengkang General Hospital, Singapore, Singapore