

# Prehab for Pancreatic Cancer Surgery

NCT07478185

---

|                   |  |
|-------------------|--|
| <b>Status</b>     | RECRUITING                             |
| <b>Phase</b>      | Not Applicable                         |
| <b>Sponsor</b>    | University of Massachusetts, Worcester |
| <b>Enrollment</b> | 20 participants                        |

## Key Eligibility Criteria

---

### Inclusion (6)

- Age ≥ 18 years
- Diagnosis of pancreatic ductal adenocarcinoma (PDAC)
- Planned neoadjuvant chemotherapy prior to planned surgical resection
- Medically stable and cleared to participate in physical activity/exercise programming
- Able to provide informed consent
- ... and 1 more (see full listing online)

### Exclusion (5)

- Age <18 years
- Pregnant
- Prisoner
- Severe cognitive impairment that precludes informed consent or participation
- Contraindications to physical activity, including unstable cardiac disease, severe pulmonary disease, or recent myocardial infarction

## Locations (1 total)

---

UMass Memorial Medical Center, Worcester, Massachusetts, United States