

Mountain West Prevention Research Center Core Research Project

NCT07479498

Status	RECRUITING
Phase	Not Applicable
Sponsor	Paul Estabrooks
Enrollment	600 participants

Key Eligibility Criteria

Inclusion (13)

- Families
 - Parent or legal caregiver and at least one child aged 5 to 12 years
 - Child identified through electronic health record data from a participating clinical organization
 - Child has had at least one clinical encounter at the participating site within the past 12 months
 - Child has body mass index (BMI) at or above the 85th percentile for age and sex
- ... and 8 more (see full listing online)

Exclusion (4)

- Child has a medical condition or contraindication that precludes participation in moderate physical activity
- Child has severe cognitive or physical impairment that would prevent participation in the intervention
- Child or family is currently participating in another structured weight management or obesity treatment program
- Family opts out of receiving study-related communications

Locations (1 total)

The University of Utah, Salt Lake City, Utah, United States