

Effects of Core Stabilization Exercises in Female Patients With Gonarthrosis

NCT07482332

Status	RECRUITING
Phase	Not Applicable
Sponsor	Cumhuriyet University
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (3)

- Kellgren-Lawrence 2-3 knee osteoarthritis
- Female patient aged 40-65
- Volunteer

Exclusion (8)

- Having received physical therapy within the last month
- Presence of neurological, cardiac, and respiratory problems
- Less than 90 degrees of flexion in the knee and hip joints
- Presence of any pathology in the lower extremity that may affect balance and function
- History of lower extremity surgery
- ... and 3 more (see full listing online)

Locations (1 total)

Sivas Cumhuriyet University, Sivas, Turkey (Türkiye)