

Optimizing the Diagnostic Journey in Interstitial Lung Disease: The OPTIMIZE-ILD-1 Trial

NCT07482917

Status	RECRUITING
Phase	Not Applicable
Sponsor	Hospital de Granollers
Enrollment	92 participants

Key Eligibility Criteria

Inclusion (10)

- Age 18 years or older.
- Referral for suspected or undiagnosed interstitial lung disease (ILD).
- Incomplete interstitial lung disease diagnostic work-up at the time of referral (previous chest computed tomography or partial blood tests allowed, but not complete pulmonary function testing or the full ILD diagnostic laboratory panel).
- Presence of at least one radiological finding suggestive of interstitial lung disease on chest X-ray or chest computed tomography (including reticulation, ground-glass opacities, traction bronchiectasis or honeycombing) that cannot be explained by other diseases.
- Presence of at least one functional abnormality compatible with interstitial lung disease (reduced forced vital capacity or reduced diffusing capacity for carbon monoxide) that cannot be explained by other diseases.

... and 5 more (see full listing online)

Exclusion (7)

- Complete interstitial lung disease diagnostic work-up already performed (chest computed tomography plus full pulmonary function testing including six-minute walk test plus complete interstitial lung disease laboratory panel).
- Established diagnosis of interstitial lung disease previously assigned by another center or specialist.
- Clinical instability or acute illness that would prevent reliable completion of diagnostic procedures (including respiratory infection, suspected acute exacerbation of interstitial lung disease, acute heart failure or other relevant acute conditions).
- Medical, functional, psychiatric or logistical limitations that, in the opinion of the investigators, would interfere with the diagnostic process or data collection.
- Participation in another interventional clinical trial that may alter the frequency or timing of diagnostic procedures.

... and 2 more (see full listing online)

Locations (1 total)

Hospital General de Granollers, Granollers, Barcelona, Spain

<https://clinicaltrials.gov/study/NCT07482917>

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