

# VR for Hope: A Brief VR Self-help Protocol to Enhance Hope and Well-being in Young Adults

NCT07483762

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Catholic University of the Sacred Heart
Enrollment	40 participants

## Key Eligibility Criteria

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### Inclusion (2)

- Age between 18 and 30 years.
- Native Italian speakers or individuals with excellent comprehension of spoken and written Italian.

### Exclusion (1)

- History of neurological disorders, presence of clinically significant maladaptive personality traits.

## Locations (1 total)

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Università Cattolica del Sacro Cuore, Milan, MI, Italy