

# Effects of the Active Cycle of Breathing Technique With and Without Balloon Blowing Therapy in Tuberculosis

NCT07484490

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	34 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Children aged 8 to 14 years
- Diagnosed with tuberculosis
- Patients with excessive pulmonary secretions and/or difficulty clearing airway secretions.
- Adequate cognitive ability to understand and follow verbal commands and perform ACBT.
- Informed consent from parent/guardian

### Exclusion (4)

- Diagnosed with multi-drug-resistant (MDR) TB
- Presence of hemoptysis
- The patient who is unconscious and unresponsive.
- Received physical therapy intervention in the past 2 weeks

## Locations (1 total)

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Gulab Devi Hospital, Lahore, Pakistan