

# GENESIS Project: Generating Evidence on the Needs of Ecuadorian Adolescents

NCT07485673

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**Status** RECRUITING  
**Sponsor** Universidad de Especialidades Espiritu Santo  
**Enrollment** 1,450 participants

## Key Eligibility Criteria

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### Inclusion (1)

- be between 14 and 19 years old

### Exclusion (5)

- have any disorder or treatment that contraindicated physical activity or that demanded special assistance
- be under some pharmacological treatment;
- not be authorized by parents, caregivers, or legal guardians to participate in the research project
- do not agree to take part in the research project
- for volunteering retirement.

## Locations (1 total)

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UEF "Quito", Quito, Pichincha, Ecuador