

Comparison of the Effects of Different Chest Techniques on University Students With Smoking Addiction

NCT07488741

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Yalova
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (7)

- Age of 18-24 years
- Fagerström Nicotine Dependence Questionnaire score e4
- Smoking for at least 2 years
- Daily smoking e5 cigarettes and at least 90 pack-years. Stable condition (no acute respiratory infection in the last 4 weeks).
- FEV1 e80%

... and 2 more (see full listing online)

Exclusion (4)

- Cardiac event or lung surgery in the last 6 months
- Respiratory problems such as COPD, asthma
- Orthopedic and neurological problems
- Termination of volunteering

Locations (1 total)

Yalova University, Yalova, Yalova, Turkey (Türkiye)