

# Opioid Free and Opioid Based Anesthesia in Elective Lumbar Spine Surgery

NCT07489001

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**Status** RECRUITING  
**Sponsor** Marmara University  
**Enrollment** 75 participants

## Key Eligibility Criteria

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### Inclusion (9)

- Adults aged 18 to 75 years
- Elective surgery only
- Scheduled for elective lumbar spinal surgery (lumbar spinal stenosis and/or lumbar disc herniation)
- ASA physical status I-III
- No previous lumbar spine surgery
- ... and 4 more (see full listing online)

### Exclusion (19)

- Age younger than 18 or older than 75
- Inability or unwillingness to provide informed consent
- Severe psychiatric disease or cognitive impairment
- Emergency surgery cases
- BMI  $\gt$  40 kg/m<sup>2</sup>
- ... and 14 more (see full listing online)

## Locations (1 total)

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Marmara university hospital, Istanbul, Maltepe, Turkey (Türkiye)