

Fiber mHealth Intervention for Prediabetes

NCT07491653

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Oklahoma
Enrollment	80 participants

Key Eligibility Criteria

Inclusion (5)

- Pre-diabetes based on HbA1c
- Young adult, aged 18-39 years
- Reside near Tulsa metro area
- Ability to access/use a compatible smartphone
- Proficient in English

Exclusion (4)

- Suspected eating disorder
- Current glucagon-like peptide-1 receptor agonist use
- Food allergies or intolerances
- Currently pregnant or breastfeeding

Locations (1 total)

University of Oklahoma Health Campus, Tulsa, Oklahoma, United States