

MedCline Investigational Study for the Treatment of Mild OSA With Positional Therapy

NCT07492420

Status	RECRUITING
Phase	Not Applicable
Sponsor	Amenity Health, Inc.
Enrollment	35 participants

Key Eligibility Criteria

Inclusion (7)

- Diagnosis with mild obstructive sleep apnea (AHI 5-14.9)
- PSG or HST performed within last 24 months
- Individuals aged 18 or older
- Must routinely sleep on a standard mattress and must be able to accommodate the width of the MedCline Sleep System (30")
- Must be in overall good health, with no significant medical conditions that would interfere with the study procedures or the ability to sleep safely using the MedCline Sleep System
- ... and 2 more (see full listing online)

Exclusion (8)

- Diagnosis of moderate to severe OSA (AHI ≥ 15) or central sleep apnea
- Has undergone surgical procedures for sleep apnea within the last six months
- Clinically significant cardiac or respiratory conditions that may interfere with the study intervention or outcomes.
- Chronic pain or musculoskeletal disorders, e.g., spinal deformities, scoliosis, kyphosis, back injuries, spinal compressions, or injuries that may affect their ability to sleep comfortably in a lateral position
- Pregnant or planning to become pregnant during study period
- ... and 3 more (see full listing online)

Locations (1 total)

Clayton Sleep Institute, St Louis, Missouri, United States