

Effect of Using a Reminder to Encourage Patients to be Active During Their Hospital Stay.

NCT07492745

Status	RECRUITING
Phase	Not Applicable
Sponsor	Groupe Hospitalier du Havre
Enrollment	204 participants

Key Eligibility Criteria

Inclusion (3)

- Patients aged 50 or over with a score of 4 or above on the Clinical Frailty Scale (vulnerable but not dependent patients, symptoms limiting activities, patients who are slower/more fatigued).
- Must be able to get up from a chair without assistance.
- Patients must be able to communicate with staff, understand instructions, give consent, and cooperate with staff.

Exclusion (7)

- Patients with an estimated hospital stay of less than 5 days.
- Contraindications to physical activity determined by the medical team (e.g., cardiovascular instability, orthopedic contraindications, etc.).
- Terminal illness.
- Patients scheduled for surgery.
- Pregnant women.

... and 2 more (see full listing online)

Locations (3 total)

Groupe Hospitalier du Havre, Le Havre, Normandy, France
Centre hospitalier de Chartres, Le Coudray, France
centre hospitalier de Valence, Valence, France