

USG-Guided Shoulder Injections in Frozen Shoulder

NCT07493213

Status	RECRUITING
Phase	Not Applicable
Sponsor	Konya Beyhekim Training and Research Hospital
Enrollment	68 participants

Key Eligibility Criteria

Inclusion (5)

- Age between 18 and 75 years and willingness to participate in the study
- Presence of shoulder pain lasting at least 3 months and a diagnosis of primary frozen shoulder
- Pain intensity \geq 4/10 on the Visual Analog Scale (VAS), resistant to medical treatment/analgesics
- Restriction of \geq 30 degrees in at least two planes of shoulder motion (flexion, abduction, or external rotation)
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Exclusion (9)

- History of shoulder trauma
 - Presence of neurological conditions such as stroke, brachial plexus injury, Parkinson's disease, or cervical spine pathology with or without radiculopathy
 - History of shoulder surgery, shoulder malignancy or tumor, or prior shoulder manipulation
 - Presence of shoulder arthritis, rotator cuff tear, other shoulder injuries, or thoracic outlet syndrome
 - Systemic diseases affecting the shoulder, severe degeneration or trauma (e.g., osteoarthritis, rheumatoid arthritis, labral or articular cartilage injuries), or inflammatory rheumatic diseases
- ... and 4 more (see full listing online)

Locations (1 total)

Konya Beyhekim Training and Research Hospital, Konya, Selçuklu, Turkey (Türkiye)