

Aurora: AI-Based Narrative Intervention to Support Emotional Well-Being in Clinical and Non-Clinical Populations

NCT07494110

Status	RECRUITING
Phase	Not Applicable
Sponsor	Universitat Autònoma de Barcelona
Enrollment	55 participants

Key Eligibility Criteria

Inclusion (26)

- Arm 1: Healthy Adults (Single-Session Intervention)
- Age 18 years or older at screening.
- Sufficient ability to read and understand Spanish to follow study instructions and complete questionnaires.
- Ability to engage in a brief guided interaction and complete self-report measures.
- Able and willing to provide written informed consent.

... and 21 more (see full listing online)

Exclusion (24)

- Arm 1: Healthy Adults
- Current acute medical or psychiatric condition that would compromise safe participation or data validity.
- Moderate or high acute suicide or self-harm risk at screening.
- Significant cognitive, communication, or comprehension impairment that would interfere with participation.
- Explicit refusal to participate.

... and 19 more (see full listing online)

Locations (2 total)

Llar Residència Gràcia(Grup ATRA), Barcelona, Barcelona, Spain

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