

Change in ATOR Screening Test Scores Over 12 Weeks

NCT07497217

Status	RECRUITING
Phase	Not Applicable
Sponsor	Universidad de Zaragoza
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (4)

- Senior runners
- They belong to a running club
- That they have run at least 5 10-kilometer races in the past year
- They should work out at least three times a week

Exclusion (4)

- Runners who have received physiotherapy treatment involving invasive techniques in the last 3 months
- Runners who have received pharmacological treatment with fluoroquinolones (levofloxacin, ciprofloxacin) in the last year
- Runners with autoimmune diseases
- Individuals with limited comprehension who may be unable to answer surveys

Locations (1 total)

Centro clínico de Fisioterapia OMT-E, Zaragoza, Zaragoza, Spain