

# A Novel Multi-Modal Approach to Promote Functional Outcomes in Cognitively Frail Older Adults

NCT07497334

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Status	RECRUITING
Phase	Not Applicable
Sponsor	The Hong Kong Polytechnic University
Enrollment	45 participants

## Key Eligibility Criteria

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### Inclusion (8)

- be between 60 and 90 years old;
- scored  $\leq 9/12$  on the SPPB;
- scored  $\leq 18/30$  on the MoCA;
- scored  $\leq 9/42$  on the PFFS;
- lived in the community;
- ... and 3 more (see full listing online)

### Exclusion (8)

- have magnetic resonance imaging (MRI) contraindications;
- have aerobic exercise contraindications;
- have transcranial magnetic stimulation contraindications;
- be diagnosed with neurodegenerative conditions (i.e., dementia, Parkinson's, Alzheimer's disease, Amyotrophic lateral sclerosis, and stroke);
- live in a nursing home or other care facilities/institutions;
- ... and 3 more (see full listing online)

## Locations (1 total)

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The Hong Kong Polytechnic University, Department of Rehabilitation Sciences, Hong Kong, Hong Kong