

# Unmet Needs Among Patients With Isolated REM Sleep Behavior Disorder (iRBD) and Their Significant Others

NCT07498452

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**Status** RECRUITING  
**Sponsor** Universita di Verona  
**Enrollment** 150 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Patients diagnosed with iRBD according to the International Classification of Sleep Disorders, 3rd Edition (ICSD-3) criteria.
- Patients who have had a follow-up visit within the previous 12 months.
- Patients who provide informed consent to participate in the study.
- Partners/family members of patients with iRBD who accept to participate.

### Exclusion (2)

- Patients with RBD who have already phenoconverted to a neurodegenerative disorder.
- Patients or partners/family members without access to an email address.

## Locations (8 total)

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IRCCS Istituto delle Scienze Neurologiche di Bologna, Bologna, Emilia-Romagna, Italy  
IRCCS Ospedale Policlinico San Martino, Genoa, Liguria, Italy  
IRCCS Ospedale San Raffaele, Milan, Lombardy, Italy  
... and 5 more locations

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<https://clinicaltrials.gov/study/NCT07498452>

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