

Experience of UHR and PEP Individuals During Mindfulness: a Qualitative Phenomenological Study

NCT07499934

Status	RECRUITING
Phase	Not Applicable
Sponsor	Centre Psychothérapique de Nancy
Enrollment	20 participants

Key Eligibility Criteria

Inclusion (1)

- People aged between 15 and 30 years who meet the criteria for UHR or PEP status on the CAARMS scale and have a social functional impact (SOFAS score less than 50 or a decrease of more than 30% in the score)

Exclusion (12)

- Previous episode of schizophrenia, schizoaffective disorder, or bipolar disorder
- Previous antipsychotic treatment for more than 12 months
- Organic mental disorder or intellectual disability
- Serious suicide/homicidal risk (but admissible if this risk has been resolved)
- Insufficient French language skills
- ... and 7 more (see full listing online)

Locations (2 total)

Centre Psychothérapique de Nancy, Laxou, France
Clinique Fondation Santé des Etudiants de France, Vitry-le-François, France