

The Effects of Daytime, Nighttime, and Combined Heat Exposure on Human Health

NCT07501923

Status	RECRUITING
Phase	Not Applicable
Sponsor	Jian Cheng
Enrollment	35 participants

Key Eligibility Criteria

Inclusion (4)

- Age 18-30;
- In good health, with no history of cardiovascular disease, respiratory disease, diabetes, endocrine disorders, neurological or psychiatric conditions;
- No smoking or alcohol addiction, no history of substance abuse;
- No prior history of particular sensitivity to high-temperature environments.

Exclusion (5)

- Individuals who have experienced fever, colds, infectious diseases, or significant physical trauma within two weeks prior to the high-temperature test;
- Individuals currently using medications that may affect psychological, cognitive, cardiovascular, or respiratory functions;
- Pregnant women and lactating females;
- Participants shall not be scheduled to participate during menstruation;
- Individuals with a history of fainting or severe discomfort caused by high temperatures.

Locations (1 total)

Anhui Medical University, Hefei, Anhui, China