

# Pain in Aging Former Athletes, Master's Athletes, and Nonathletes

NCT07502742

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Marquette University
<b>Enrollment</b>	90 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Age: 35 years through 65 years
- Current master's athlete, former competitive athletes, or non-athlete control (see details below)
- Ability to participate in exercise and exercise testing based on the Physical Activity Readiness Questionnaire (PAR-Q+)

### Exclusion (9)

- Currently pregnant or planning to become pregnant during the study
- Currently taking heart rate lowering medications (e.g., betablockers) that would impact exercise testing
- Contraindications to ice such as Raynaud's, cryoglobulinemia, cold urticaria, and/or impaired circulation or sensation
- Fibromyalgia and/or chronic regional pain syndrome (CRPS)
- Myocardial infarction or pulmonary embolism in the last 12 months, active cancer, a pacemaker, or any additional condition or disease that would preclude the individual from being able to perform the tests safely

... and 4 more (see full listing online)

## Locations (1 total)

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Marquette University, Milwaukee, Wisconsin, United States