

Effectiveness of Telerehabilitation in Ankylosing Spondylitis

NCT07503327

Status	RECRUITING
Phase	Not Applicable
Sponsor	Inonu University
Enrollment	66 participants

Key Eligibility Criteria

Inclusion (5)

- Being between the ages of 18-65
- Having been diagnosed with Ankylosing Spondylitis by a specialist at least one year ago,
- Agreeing to participate in the study voluntarily,
- Owning and being able to use a smartphone,
- Being able to read and write.

Exclusion (9)

- Having a history of pregnancy, malignancy, or recent surgery (within the last six months)
- Having a history of hypertension and diabetes that cannot be controlled with medication
- Having a history of exacerbations in the last three weeks and having received treatment for exacerbations
- Having instable medical treatment within the last three months
- Having any orthopedic, neurological, or mental illness that would affect exercise
- ... and 4 more (see full listing online)

Locations (1 total)

F1rat University Faculty of Medicine, Department of Internal Medicine - Division of Rheumatology., Elâz1 , Turkey (Türkiye)