

Gastrocnemius Myofascial Release in Females With Knee Osteoarthritis

NCT07507175

Status	RECRUITING
Phase	Not Applicable
Sponsor	Cairo University
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (14)

- Patients' ages ranged between 45 and 55 years .
 - BMI d35
 - Patients with a diagnosis of primary KOA according to the American College of Rheumatology classification at the screening visit .
 - Onset of symptomatic knee osteoarthritis of e3 months
 - Patients with grade II and III OA of the Kellgren and Lawrence system for classification of osteoarthritis .
- ... and 9 more (see full listing online)

Exclusion (10)

- Patients with any previous knee surgeries or lower limb fractures.
 - Chronic inflammatory diseases such as rheumatoid arthritis.
 - Signs of moderately significant knee synovitis include a warm and swollen (red) knee
 - History and/or physical examination findings compatible with knee internal derangement (e.g, positive Thessaly test).
 - Pregnancy
- ... and 5 more (see full listing online)

Locations (1 total)

Faculty of Physical Therapy, Cairo University, Giza, Giza Governorate, Egypt