

Occlusal Splint and Exercise Therapy for Temporomandibular Disorders

NCT07507734

Status	RECRUITING
Phase	Not Applicable
Sponsor	Acibadem University
Enrollment	38 participants

Key Eligibility Criteria

Inclusion (3)

- Clinical and radiological diagnosis of TMD
- Being between 18-65 years of age
- Presence of Temporomandibular Joint (TMJ) pain for the last 3 months.

Exclusion (7)

- Intra-articular or degenerative joint disorders and subluxation requiring immediate treatment,
- A history of TMJ or cervical region surgery in the last 3 months,
- A history of treatment from related regions,
- The presence of rheumatic diseases, including TMJ diseases,
- TMJ instability or fracture,
- ... and 2 more (see full listing online)

Locations (1 total)

Okan University- Dental Hospital, Istanbul, Tuzla, Turkey (Türkiye)