

Exercises' Effect on Muscle Strength, Aerobic Capacity and Respiratory Functions in Cystic Fibrosis

NCT07508904

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	22 participants

Key Eligibility Criteria

Inclusion (5)

- Children aged 6-18 years
- Diagnosed with cystic fibrosis
- Clinically stable
- Able to perform exercise
- Parental/guardian consent provided

Exclusion (5)

- Other severe pulmonary diseases
- Cardiovascular or orthopedic limitations
- Surgery or hospitalization within last 1 month
- Inability to follow instructions
- Oxygen-dependent or ventilator-dependent patients

Locations (1 total)

Gulab Devi Chest Hospital, Lahore, Pakistan