

Acute Effect of Different Frequency of Whole Body Vibration (WBV) on Healthy and Chronic Obstructive Pulmonary Disease (COPD)

NCT07509606

Status	RECRUITING
Phase	Not Applicable
Sponsor	National Cheng Kung University
Enrollment	102 participants

Key Eligibility Criteria

Inclusion (8)

- Healthy individuals
 - No prior experience with whole-body vibration therapy or exposure to vibration-related occupations or sports.
 - Aged between 18 and 65 years.
 - Clinically diagnosed with chronic obstructive pulmonary disease (COPD) and classified as Global Initiative for Chronic Obstructive Lung Disease (GOLD) stage II, III, or IV.
 - No history of hospitalization within the past two months.
- ... and 3 more (see full listing online)

Exclusion (42)

- Pregnancy.
 - Acute thrombosis.
 - Severe cardiovascular disease.
 - Presence of a cardiac pacemaker.
 - Recent wounds due to injury or surgery.
- ... and 37 more (see full listing online)

Locations (1 total)

National Cheng Kung University Hospital, Tainan, Taiwan