

# Title: ICARUS - Psycho-physiological Profiling of Low and High Heat-resilient Individuals

NCT07510061

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Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Thessaly
Enrollment	80 participants

## Key Eligibility Criteria

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### Inclusion (9)

- Study Population
- Healthy adult volunteers residing in Denmark (Northern Europe) or Greece (Southern Europe).
- Age 18-65 years (or your protocol-specific age range)
- Healthy as determined by medical history screening questionnaire
- Able to provide written informed consent
- ... and 4 more (see full listing online)

### Exclusion (9)

- History of cardiovascular, metabolic, neurological, or dermatological disease
- History of heat-related illness (e.g., heat stroke)
- Use of medications affecting thermoregulation or cardiovascular function
- Smoking or substance abuse
- Pregnancy or breastfeeding
- ... and 4 more (see full listing online)

## Locations (2 total)

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Københavns Universitet, Copenhagen, Denmark  
Department of Physical Education and Sport Science, Trikala, Thessaly, Greece